

District Services & Activities

For 0-18 year olds



Booklet includes:

- Early Childhood
- Schools
- Sports
- Music/Arts
- Parenting
- Apps
- Websites

TARARUA REAP

Rural Education Activities Programme



Our mission is to provide mana-enhancing opportunities for people and communities to strengthen through quality lifelong learning.



Tararua REAP
Boundary



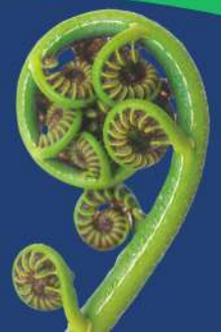
Nau mai, haere mai, welcome!

Tararua REAP is one of thirteen REAPs that have provided educational services for over 40 years. We are a friendly, professional team that supports the delivery of numerous educational and support services within the Tararua District, primarily from Norsewood to Woodville, and out to Weber & Herbertville with some contracts extending into Southern Tararua.

Tararua REAP collaborates with educators, parents and whānau to provide emotional and educational support to help develop our community from early childhood through to the elderly.

We provide education, activities and events for early childhood, playgroups, home-based educators and schools.

TARARUA REAP
Rural Education Activities Programme





PLAYGROUPS & PLAYCENTRES



DURING SCHOOL TERM



Kumeroa Hopelands Playgroup



Mondays at 9:30 am
Kumeroa Community Hall
Contact: Janelle Ruri
janelle@kumeroa.school.nz



Ruahine Playgroup



Tuesdays at 9:30 am
Te Rehunga North Rd, Dannevirke
Contact:
ruahineplaygroup@gmail.com

Te Whare Koha Playgroup

Wednesdays at 10:00 am
Dannevirke Central Kindergarten
Contact: Liz Lett
admin@dvkecentral.co.nz



Ti Tree Point Playgroup

Wednesdays at 10:00 am
Weber to Herbertville Road
Contact: Laura
leandrews@hotmail.com



Tots and Toddlers

Mondays at 9:30 am. 77704 SH2
Dannevirke
Contact: Jenny Hearn
027 364 1730 or
totsandtoddlers@hotmail.co.nz



Woodville Play Centre

Open Tuesdays & Wednesdays
from 9:15 am-12:15 pm.
45 Ross Street, Woodville
woodville@playcentre.org.nz
Contact: 06 376 4301





IN-HOME CHILDCARE



Building Blocks



'Laugh, learn, play'

For more info contact:

office@buildingblocks.nz

06 353 5222

Sprouts



'Nurturing children for life'

For more info contact:

Sam Ransom sam@sprouts.co.nz

021 222 6539

Te Puna Reo

For more info contact:

Tammy Johnson

jazzygurl282@gmail.com

027 920 8666



ECE CENTRES



Busy Bees



241 High Street Dannevirke

Contact Shona Dean / Josie Dean

busy.bees.dannevirke@xtra.co.nz

06 374 6900

Country Kids

16 Viking Street Norsewood

Contact Demelza Kendall

countrykids@scallywaggs.co.nz

06 374 0941

First Years Pre-school

7 Allardice Street Dannevirke

Contact Lee Lee Teller

fyps@xtra.co.nz

06 374 7436

Kids Castle

37 Burns Street Dannevirke

Contact Sheryl Pinfold

kidscastle37@gmail.com

06 374 8198

Little Rugrats

85 Vogel Street Woodville

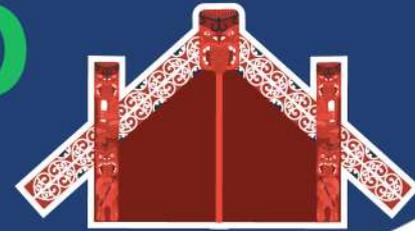
Contact Allie Edwards, 06 376 1003

manager.rugrats@gmail.com





KŌHANGA REO



Kōhanga Reo provides education and care for children from birth to six years of age in a full immersion environment.

Te Kōhanga Reo o Atawhai



Corner Tay & Vogel Streets,
Woodville 5500
whanau@k08g030.kohanga.ac.nz
Contact: 06 376 5069

Te Kōhanga Reo o Kaitoki



20 Kaitoki River Road,
Dannevirke 4930
whanau@k08g028.kohanga.ac.nz
Contact: 06 374 8578

Te Kōhanga Reo o Taniwaka



16 Tennyson Street,
Dannevirke 4930
whanau@k08g015.kohanga.ac.nz
Contact: 06 374 9263



KINDERGARTEN



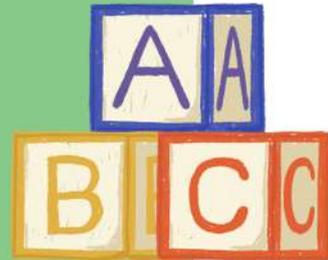
Appleton Kindergarten

32 Gregg Street, Dannevirke

Contact: Bridget Augustine

appleton.kindergarten@xtra.co.nz

06 374 6056



Central Kindergarten

242A High Street, Dannevirke

Contact: Hilary Hirst

dvkecentralkgtn@xtra.co.nz

06 374 6130

Dannevirke Kindergarten Association Inc

82 High Street, Dannevirke

Contact: Annie Perry

manager@dvka.co.nz

06 374 5880





EDUCATION

SUPPORT SERVICES



NCHENZ Tararua



A diverse group of home educators in the Tararua area who meet fortnightly to encourage and support each other.

Email for more information:

tararuahomeeducators@gmail.com

Te Aho o Te Kura Pounamu



Te Kura is New Zealand's largest distance education provider, offering flexible, personalised learning for students who cannot attend traditional schools. Comes to Dannevirke every week during term time.

0800 65 99 88

info@tekura.school.nz

www.tekura.school.nz





PRIMARY SCHOOLS



Dannevirke South School



Cnr Stairs & Hunter Street, Dannevirke
06 374 8915
office@dannevirkesouth.school.nz



Huia Range School



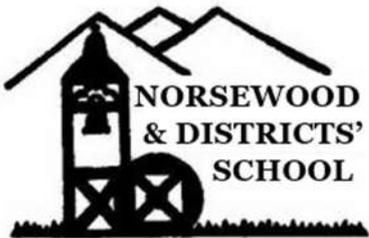
2 Cole Street, Dannevirke
06 374 6444
office@huiarange.school.nz



Kumeroa School



58 Township Road, Kumeroa
06 376 4542
office@kumeroa.school.nz



Norsewood & Districts' School

Coronation Street, Norsewood
06 374 0870
office@norsewood.school.nz

"On A Great Learning Adventure"



Ruahine School



333 Maharahara Road, Dannevirke
06 374 9200
office@ruahine.school.nz



St Joseph's Catholic School



15 McPhee Street, Dannevirke
06 374 7910
admin@stjosephsdvke.school.nz



PRIMARY SCHOOLS



Te Kura Kaupapa Māori O Tamaki-Nui-Ā-Rua
36 Makirikiri Road, Dannevirke
06 374 5858

 tari@tamakinuiarua.school.nz



Totara College

3 Ruahine Street, Dannevirke
06 374 6165

 office@totaracollege.school.nz



Weber School

3329 Weber Road, Weber
06 374 3809

 office@weber.school.nz



Woodville School

87 Vogel Street, Woodville
06 376 5276

 office@woodville.school.nz



SECONDARY SCHOOLS



Dannevirke High School

Grant Street, Dannevirke

06 374 8302

admin@dannevirkehigh.school.nz



Te Kura Kaupapa Māori O Tamaki-Nui-Ā-Rua

36 Makirikiri Road, Dannevirke

06 374 5858

tari@tamakinuiarua.school.nz



Tōtara College

3 Ruahine Street, Dannevirke

06 374 6165

office@totaracollege.school.nz



MUSIC & ARTS



Mainly Music Dannevirke - All ages

Friday 10:00 am **\$3 per session**

Music & morning tea are provided for parents & children.

Knox Church Hall, 185 High Street, Dannevirke

For more info, contact Jennifer Read 021 512 2007

Pre-School Music and Movement - All ages

Thursday 10:30 am - 11:30 am **FREE**

Anglican Church Hall, 175 High Street, Dannevirke

For more info, contact Julie McDougall 06 374 5630

Piano Lessons with Ruth Appleton

Monday to Friday during the school term.

77653 State Highway 2, Dannevirke

06 374 6981 or 027 881 0445



Origin Studios Dannevirke



Origin Studios offers dance, speech & drama classes for all ages, including “Song and Dance“ for ages three and up, beginner ballet for four-year-olds, and jazz, ballet, hip hop, tap, and contemporary for older children.

Studio Address: 136 High Street, Dannevirke

For more info, contact Amy 021 358 435

www.originstudios.biz



Dannevirke Singing Club



Singing Club is for the wider community where you can come and enjoy music while learning basic vocal skills. Contact their Facebook page for more info

Dannevirke Brass Band

Available for anyone who is interested in learning a brass instrument free of charge!

Practice is on Wednesday evenings at 7:00 pm with weekly lessons provided.

For more info, contact Linda 06 374 8825



SCHOOL HOLIDAY PROGRAMMES



OSCAR
APPROVED

Te Wānanga O Tāmaki Nui A Rūa

Students are engaged in a variety of activities in a supportive environment that emphasises learning, teamwork, sportsmanship, and resiliency.

All programmes have a Te Reo Māori component.

Ashleigh 027 288 802

Ann 027 288 8745



The Red Kiwi Orienteering Club

Family-friendly competitions at parks, schools, forests and farms in our region, where the more adventurous can enhance their navigation skills.

Website: <https://www.revolutionise.com.au/redkiwi/>



Tararua Community Youth Services

These programmes provide fun activities, skill-building workshops and opportunities for connection, helping youth stay active, creative and connected to their community.

For more info, contact 06 374 9214
admin-office@tararuayouth.org.nz

SPORTS



Let's Move It Kindy Gym

Wednesday 9:30 am - 11:00 am **FREE**
Every week during terms 2 & 3
Knox Church, 185 High Street, Dannevirke
For more info, contact 027 364 1730



Dannevirke Athletics Club



Dannevirke Athletics is for children from 2-18 years old.
Club Nights are every Wednesday during terms 1 & 4.
For more information contact their Facebook page or
email kellzgillard@gmail.com

Dannevirke Badminton Club



Club night Wednesday at 6:30 pm
2 Anderson Street, Dannevirke
Contact Hilary Hirst 027 282 6732 or
Glenn Hirst 027 231 1654

Dannevirke Basketball Association



Practice on Tuesday afternoons. For information contact
via Facebook or email hinekura.reiri@outlook.com



Dannevirke & Districts Pony Club



Members bring their own pony, to semi-regular rallies and learn riding skills and horsemanship. Our rallies are most often held at the Dannevirke A&P Showgrounds. For more info contact Anna Peffers on 027 498 5501 or email ddpc@hotmail.co.nz

Dannevirke JAB Rugby



Saturday mornings during winter months
From 4 years of age
To register, email dannevirkejabbrugby@gmail.com

Dannevirke Junior Netball



Saturday junior netball programme caters for all players (boys and girls) from Years 1 - 8.
Contact dvkenetball@gmail.com

Dannevirke Sports Club Junior Cricket



Cricket training on Thursday afternoons at the Dannevirke Domain for primary age children. New players are welcome. Phone 027 374 5662

Dannevirke Sports Club Junior Football



Saturday mornings during the winter months
From 4 years of age
To register, email dscjuniorfootball@gmail.com



Dannevirke Sports Club Junior Hockey

Friday nights in Dannevirke, junior hockey competition starts in term 2 for Years 0-8

Contact: dscjuniorhockey@gmail.com or
Facebook DSC Junior Hockey

Dannevirke Squash Club

Dannevirke Squash Club caters to children and adults.

36 Gregg Street, Dannevirke 06 374 7274

Dannevirke Tennis Club

From October to March (terms 1 & 4) tennis coaching sessions are available for 6+ years.

Anderson Street, Dannevirke

Kumeroa Hopelands Tennis Club

Contact Andrew & Melanie Bolton
andrew.bolton@xtra.co.nz
Township Road, Kumeroa

Woodville Junior Football

9:00 am - 10:00 am Saturday mornings during the winter months. From 4 years of age

To register email woodvilleafc@gmail.com



SWIMMING POOLS



Kumeroa Community Swimming Pool

58 Township Road, Kumeroa
06 376 4542

Pool keys are \$50 per swimming season which includes a \$5 refund when the key is returned. For more info contact Kumeroa School.

Woodville Community Swimming Pool

Vogel Street, Woodville
021 0892 9181

Fee paid per visit
School Holidays, Public Holidays
& Weekends: 1:00 pm - 6:00 pm
Weekdays: 3:00 pm - 6:00 pm
(summertime only)

Wai Splash Community Aquatic Pool



35 York Street, Dannevirke
06 374 7772

Wai Splash Community Pool in Dannevirke offers swimming lessons, holiday activities and swim training. It features a 25m lane pool, a heated toddler pool and can be hired for events. BBQ available.

Baby Swim Lessons

25-minute lessons
Thursday & Saturday
from 9:00 am
(pre-book)

Pre-School Swim Lessons

25-minute lessons
Mon & Wed at 3:00 pm
Thurs & Sat at 10:30 am
(pre-book)

Waterplay Sessions

Tuesday & Friday
10:30 am - 12:30 pm.

AFTER SCHOOL ACTIVITIES



In Dannevirke



Dannevirke Girl Guides



Girl Guiding offers girls and young women opportunities to enjoy a wide range of activities and outdoor adventures.

Christian Street, Dannevirke 021 222 7793



Dannevirke Judo Club for 7+ years

Wednesday nights from 6 pm - 7 pm (Juniors 7+) or 7 pm - 8 pm (Seniors 13+) at the Knox Church Hall during the school term.

For more information, contact Lisa Boblea on 021 058 9036 or jdblhb27@gmail.com



Dannevirke St John Youth Division



St John Youth programmes help young New Zealanders to develop first aid and health care. For 6-18 year olds.

5:30 pm - 7:00 pm Tuesday nights.

Anglican Church Hall, High Street, Dannevirke

For more info contact 0800 785 646



Girls' Brigade

Empowering girls and young women to succeed in tomorrow's world. "Seek, Serve & Follow Christ"

Juniors 5 - 8 years

Seniors 9 - 12 years, Pioneers 13 - 17 years

Knox Church, Swinburn Street, Dannevirke

06 374 6858

Junior Target Shooting Programme

The Smallbore Rifle Shooting season is available for Year 7 and over. Parent help is necessary and a season fee is applicable. Register your interest by April, for a

May 10-week season start.

Ruth 021 077 7952 or Julia 027 331 1660

Lego Robotics Club

Come along to make and code a LEGO Robot!

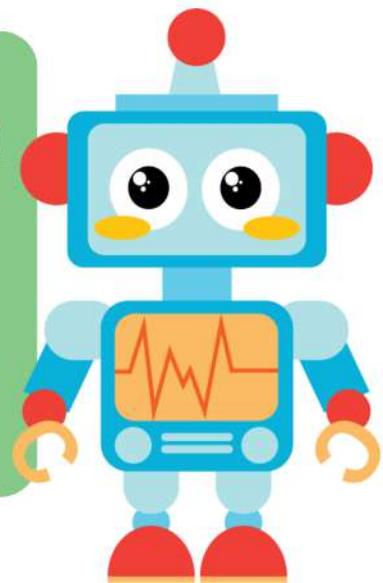
Every Wednesday (during term time)

3:30 pm - 4:30 pm

Ages 8 - 12,

Dannevirke Library,

Station Street, Dannevirke



AFTER SCHOOL ACTIVITIES



In Woodville

Art, Drama & Music for Kids in Woodville

Tuesday afternoon 4:00 pm - 5:30 pm, Ages 8+
For more info contact Shirley on 022 309 3494

Whangaimokopuna Dojo Kyokushin Karate

Monday and Wednesday 4:30 pm - 6:00 pm.
Woodville School Hall. Ages 7+
Contact Aidan or Kyla 027 359 2172

Kyokushinkai Karate Club

Tuesday and Thursday 5:30 pm - 7:00 pm.
From 4 years of age. For more info contact Shihan,
Bob Fryer on 027 408 4257



Tararua School of Dance

Weekly on Wednesdays 3:30 pm
tararuasod@outlook.com
027 399 5819
Old Folks Hall, Woodville



Woodville Girl Guides

Monday evenings during school term 5:00 pm - 6:30 pm. Ages 5 - 17 years old. \$90 per term



Woodville Kids Club

Each term has a different focus, and a different time
For more information Facebook message:
Woodville Kids Sports Clubs and Activities





FOR THE OLDER KIDS



Dannevirke CACTUS



Dannevirke CACTUS (Combined Adolescent Challenge Training Unit and Support) is a youth programme in New Zealand that focuses on building resilience, discipline and teamwork through physical training and mental challenges.

Run once a year during term 3 at Dannevirke High School.
Contact Wayne Churchouse 021 191 4553

Dannevirke Police Youth Aid

Dannevirke Police Station - 06 374 4511
Senior Constable Wayne Churchouse - 021 191 4553

Tararua Community Youth Services



TCYS supports New Zealand youth through programmes that promote education, personal growth and mental health. It provides a safe space and resources to help young people reach their potential and engage with their communities.

06 374 9214
admin-office@tararuayouth.org.nz

LIBRARY SERVICES



Libraries Tararua



Dannevirke Library

1 Station Street, Dannevirke
Monday to Friday 9:00 am – 5:30 pm
06 374 4255

Woodville Library & Service Centre

45 Vogel Street, Woodville
Monday – Friday
9:00 am – 12:30 pm & 1:20 pm – 5:00 pm
06 376 0212

Little Ears

Free early literacy and activities for pre-schoolers and their parents or caregivers. During term time.

Dannevirke Library

Monday at 9:30 am

Woodville Library

Wednesday at 11:00 am

Dannevirke Toy Library



Puzzles, games, slides, ride-ons, kitchen sets and baby playmats are just a few items available.

Wai Splash Indoor Pool Complex,
35 York Street, Dannevirke

Wednesday 2:30 pm – 5:30 pm

Thursday 9:30 am – 11:30 am

Saturday 9:30 am – 11:30 am

0288 516 2049

Dannevirke Seed Library

The local seed library offers free seeds for sustainable community gardening.

Located at the Dannevirke Library



PARENTING AT

Rural Education Activities Programme

REAP

TOOL BOX

A six-week programme for

- Early Years
- Primary Age
- Tweens and Teens



The Incredible Years®

A 14-week parenting course for parents of children aged 3 to 7 years.

YOUTH PARENT PROGRAMME



If you are a young parent, join us to explore key aspects of parenting.



for every parent

TRIPLE P (POSITIVE PARENTING)

Learn easy solutions for common parenting issues.



Find a solution to your child's picky eating.

TARARUA REAP

Rural Education Activities Programme



15 Gordon Street, Dannevirke



06 374 6565



office@tararuareap.co.nz



www.tararuareap.co.nz





OTHER SERVICES



Rangitāne Te Kete Hauora

Well Child Tamariki Ora.
This service is for whānau with children from birth to 5 years who live in Tararua.
10 Gordon Street, Dannevirke
Phone 06 374 6860



Te Kete Hauora o Rangitāne
Health & Social Services

Dannevirke Community Midwives

Dannevirke Midwifery Service provides pregnancy, labour, birth and postnatal care (24 hours a day, 7 days a week) for women who live in Tararua.
Barraud Street, Dannevirke
Phone 06 374 5691



Tararua Health Group

Whānau Āwhina Plunket

The Royal New Zealand Plunket Trust provides a range of free services. Ideal if you are pregnant or have just had a baby.

23 Allardice Street, Dannevirke
Phone 0800 692 445



plunket
whānau āwhina



Tararua Community Services



TCS offers a range of services, from youth mentoring and counselling to growing through grief, and much more.

06 374 5029

8 Ward Street, Dannevirke

tararuacommunityservices.acw.ag.nz

 **anglican care | waiapu**
Tararua Community Services

Te Manawa Family Services



Te Manawa Family Services provides stopping violence, parenting, and other associated family support and education programmes and services, free to those in the Manawatu region.

027 323 8332

www.temanawa.org.nz



Te Manawa
Family Services

The Y (YMCA)



“The Y“ is a global nonprofit (formerly YMCA) focused on strengthening communities through youth programmes, fitness, and social support. It offers childcare, sports, camps and outreach to empower individuals of all ages.

contact@ycentral.nz

0800 96 22 48

Website: www.ycentral.nz



Taupua Whāngote - Breastfeeding Support

New mums, young mums, old mums, wise mums!

Dads and caregivers.

1264 Mangatuna Road, Dannevirke

cherryanne.lee@gmail.com

027 848 7600



School Dental Services

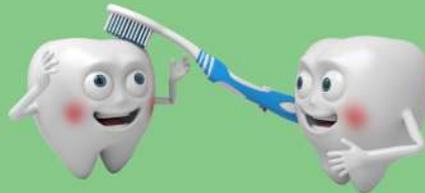
FREE dental treatment for children aged from 0-13 years.

South School – Phone: 06 374 7361

Huia Range School – Phone: 06 374 7672

Freephone: 0800 825 583

Email: childoralhealth@midcentraldhb.govt.nz



Tararua Strengthening Families

Strengthening Families works with and for whānau. The Strengthening Families process connects whānau requiring support from more than one agency or community service.

For more information contact Tararua REAP on 06 374 6565



**Strengthening
Families**

Te Huarahi ki te
Whakapiripiri I Ngā Whānau

Firstglimpse

Creating healthy beginnings – birth photography & breastfeeding support

027 848 7600



Ministry of Justice – Parenting plan

Parenting Plan workbook – To help you decide what's best for your child after a separation or change in family situation.



Scan to Download:



Ngāti Kahungunu ki Tāmaki-nui-a-Rua

Ngāti Kahungunu ki Tāmaki-nui-a-Rua is an iwi focused on preserving their whakapapa (genealogy), tikanga (customs), and mātauranga (knowledge). They work to uphold their cultural heritage while supporting their people's social, economic and cultural development. Youth mentors, health services and more.

171 High Street, Dannevirke 4930
administration@kahungunutar.co.nz
06 374 9224



Equine-N-Mind

Sometimes the best Counsellor comes with 4 legs. Horses are great listeners & are non-judgemental. Based in Woodville.

1036 McLean Street, Woodville

027 251 2192

equinenmind@gmail.com



EQUINE-N-MIND

Tararua RDA

Provides interaction with horses to improve health and wellbeing outcomes for people experiencing a disability, or who have specific challenges or needs. Enable and support disabled people to achieve good lives including meaningful participation and contribution to important life activities and roles in their community.

Contact Jo Smith - Chairperson
027 313 6218 tararua.nzrda@gmail.com



Tararua
Riding for the Disabled



APPS



 Search App name in your device app store

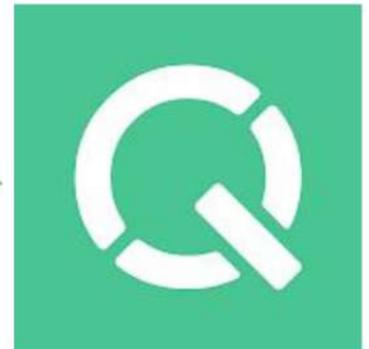
OurPact

Foster healthy habits and manage your child's screen time. Offers screen time allowance, blocks specific apps, blocks texts, and schedules daily screen time according to a child's routine.



Qustodio

Over 6 million parents trust Qustodio's parental control tools to keep their kids' screen time safe and balanced on every device.



Bark

Bark provides families with the tools they need to raise kids in the digital age. Monitor content, manage screen time, and filter websites so you can get peace of mind while your child is online.



Well Child App

This specialised health and education tool is free to all users, ensuring parents and caregivers receive timely and personalised information for the health and well-being of their tamariki (children)





Kidslox

This App gives you tools to block apps, block the internet and filter web content to enable the creation of consistent boundaries for technology use.



Family Zone Connect

Manages what your child sees online and when they see it. Family Zone lives on your child's devices to keep them safe and responsible no matter where they go.



Family Link from Google

Family Link provides tools that respect families' individual choices with technology, helping them create healthy, positive digital habits.



Child Reward

Child Reward is based on a star point system. The parent can add tasks and rewards for children. The individual task can have a different value. After collecting the appropriate number of stars, the child can collect the reward.



Whare Kahikā - Home Safety

Whare Kahikā gives whānau knowledge to create a safe physical home environment for tamariki.



WEBSITES



plunket
whānau āwhina

plunket.org.nz

Whānau Āwhina Plunket is a charity and New Zealand's largest support service for health and well-being of tamariki under 5 and their whānau.

OUR KIDS ONLINE

ourkidsonline.info

Resources for parents, schools and organisations to help keep kids safer online and increase emotional well-being.



parent2parent.org.nz

A nationwide not-for-profit organisation that supports the families of babies, children, teens and adults with any type of disability or health impairment.



parenthelp.org.nz

Parent Help offers counselling sessions via Zoom, between \$20-\$90 per hour. Or call the Parenting Helpline: 0800 568 856 to talk to a support worker about the issues you are having with your child.

greatfathers.org.nz

The New Dads Toolbox- on the website are tips and tricks for Dads coping with a new baby... from crying and sleep deprivation to “inside your baby’s brain!”



raisingchildren.org.nz

Raising Children Media Ltd is a media company set up to support parents by providing them with quality video content about everyday subjects.



kidshealth.org.nz

On the KidsHealth NZ website, parents, caregivers and whānau will find accurate and reliable information about their children’s health.



additudemag.com

ADDitude is a trusted source of strategies and information about ADHD and related conditions such as learning disabilities, anxiety, depression, and oppositional defiant disorder.



kidzneeddadz.org.nz

Kidz Need Dadz’ mission is to help New Zealand men be the best fathers they can be.

Dadzkare Support line 0800 563 123





pada.nz

Perinatal Anxiety and Depression Aotearoa. Championing perinatal wellbeing in our community



parentalstresscentre.com

Discover how the Parental Stress Centre can help you and your family for the better. One-on-one or marriage Counselling / Parental Coaching via Zoom or sign up for one or more online programmes to help you become a calmer parent.



adhd.org.nz

Learn the “how to’s” for managing children with ADHD, learning disabilities and challenging behaviours.



stuttering.co.nz

The Stuttering Treatment and Research Trust (START) provides specialist therapy and support for people of all ages who stutter and their whānau.



altogetherautism.org.nz

We supply information to autistic people, parents, educators, support workers, GPs, police and any other professionals working with adults or children on the autism spectrum.



ihc.org.nz

IHC will advocate for the rights, inclusion and welfare of all people with intellectual disabilities. IHC library - free to anyone living in NZ.



neurodiversity.org.nz

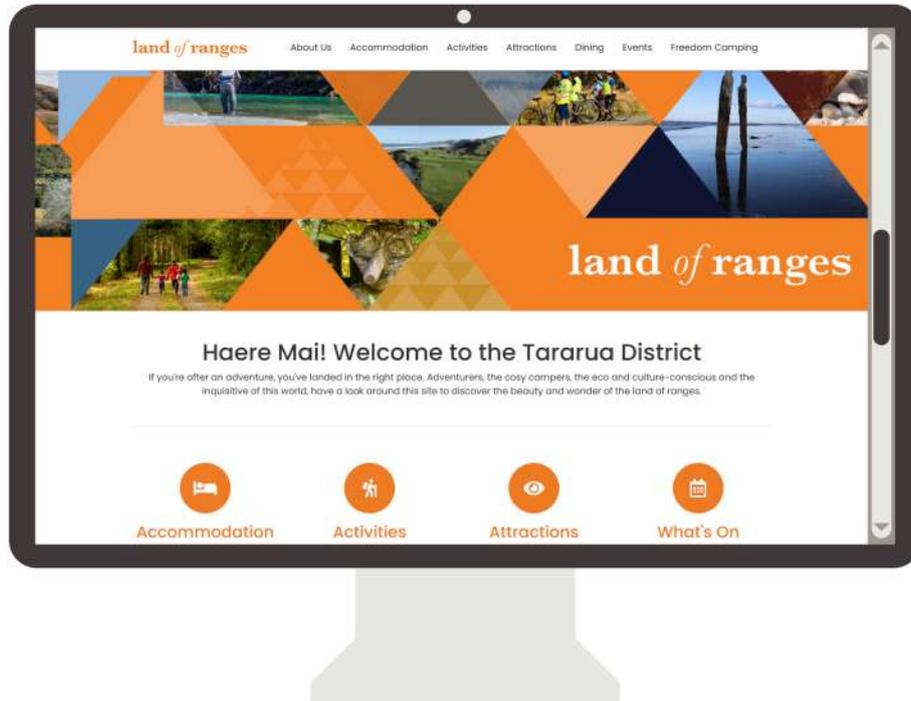
The Neurodiversity in Education Project is helping drive change towards a neuroinclusive education system in New Zealand



neurodiversityhub.org

Changing the narrative about autism and neurodiversity through awareness, education and engagement.

WANT TO KNOW MORE?



tararua.com

- ✓ Dining
- ✓ Events
- ✓ Attractions
- ✓ Accommodation
- ✓ Activities
- ✓ ...And Much More!

The Tararua District website offers essential information for exploring this scenic region of New Zealand, covering outdoor activities, accommodation, and events.

Regularly updated, it's the go-to source for up-to-date insights on attractions and local happenings.

Visit tararua.com for the latest details.

land of
ranges



TARARUA
DISTRICT COUNCIL





HELPLINES



Plunket Line

Plunket Line is a free parent helpline and advice service available to all families, whānau and caregivers 24 hours a day, seven days a week.

0800 933 922

Free Parent Helpline

Free Parent Helpline provides compassionate, friendly, non-judgmental support and advice on all parenting issues.

Available from 9 am – 9 pm, Monday to Sunday.

0800 568 856

Family Services 211 Helpline

For help finding (and direct transfer to) community-based health and social support services in your area.

0800 211 211

EDANZ

Improving outcomes for people with eating disorders and their families.

Email: info@ed.org.nz

0800 233 269

Skylight

For support through trauma, loss and grief;
9 am–5 pm weekdays.

0800 299 100

Yellow Brick Road

Supporting families towards mental wellbeing.

0800 732 825



HELPLINES



Mental Health Foundation

Need to talk?
Available any time for support from
a trained counsellor.

**Call or Text
1737**

Lifeline

Need help right now?
Lifeline Aotearoa's helpline and textline provides
24/7, confidential support.

0800 543 354
Or Text HELP to
4357

TAUTOKO Suicide Crisis Helpline

If you think you, or someone you know, may be
thinking about suicide, call the Suicide Crisis
Helpline for support.

0508 828 865

Healthline

Providing you with health information and advice
on care.

0800 611 116

Samaritans

For confidential, non-judgemental &
non-religious support.

0800 726 666

Women's Refuge Crisis Line

For women living with violence, or in fear within
their relationship or family.

0800 733 843

WHAT WE DO



Scan and find out what is coming up at Tararua REAP!



Website



Facebook

TARARUA REAP
Rural Education Activities Programme

WHAT WE DO



TARARUA REAP

Rural Education Activities Programme

Creating thriving, resilient, confident communities

Adult Community Education

Parent Education

Financial Mentoring

Strengthening Families

Whānau Support

Employment Support

Support for Early Childhood Education & Schools

Room Hire

Office Hours:

Monday - Friday

8.30 am - 4.30 pm



15 Gordon Street, Dannevirke



06 374 6565



office@tararuareap.co.nz



www.tararuareap.co.nz



Services in the Tararua Area

THIS BOOKLET WAS KINDLY BROUGHT TO YOU BY

TARARUA REAP

Rural Education Activities Programme

This booklet was created in February 2025.
Please contact Tararua REAP if any updates are required.



TARARUA REAP

Rural Education Activities Programme